

# CatholicMom.com Gospel Activity

*Celebrating Our Catholic Faith*



John Paul II

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John Paul II

Our blessed and wonderful Holy Father, Pope John Paul II was born on May 18, 1920 in Wadowice, Poland and was named Karol Józef Wojtyła by his parents. In October, 1978 he became Pope as successor to Pope John Paul I. He was loved and treasured by so many people in our world, as he traveled around the globe to spread the message of Jesus' love for each of us. During his time as Pope, he traveled to over 100 countries! He spoke eight languages fluently and wrote countless documents, letters and books. Pope John Paul II experienced many difficulties in his life, but he always gave us an example of Christian love and dignity, even in his the final days of his life when his suffering became so very great. Pope John Paul II died on April 2, 2005. He was truly a light of Christ in our world and will be greatly missed!

Please join my family in our prayers for the repose of the soul of our Holy Father, Pope John Paul II. We invite you to join us in creating a Spiritual Bouquet to be offered for John Paul II and for the guidance of the Cardinals as they elect a new Shepherd for Christ's Church. A Spiritual Bouquet is an offering of prayers, sacrifices and devotional acts done by one person on behalf of another. Here are some ideas for prayers and activities to include in your Spiritual Bouquet:

- \* Attend Mass and offer it up for the Holy Father
- \* Offer up your reception of Holy Communion
- \* Pray the Rosary for the repose of his soul
- \* Pray before the Blessed Sacrament in Eucharistic Adoration
- \* Complete the Stations of the Cross for his intentions
- \* Fast
- \* Give alms to or volunteer in the Pope's memory for a charity for the poor or suffering