

CatholicMom.com Gospel Activity

Celebrating Our Catholic Faith

Sunday, February 13, 2005 – First Sunday of Lent

This Week's Readings: [Gn 2:7-9; 3:1-7](#), [Rom 5:12-19](#), [Mt 4:1-11](#)

"It is written: One does not live on bread alone, but on every word that comes forth from the mouth of God."

Jesus, I Promise You
This Lent:

Praying	Giving	Fasting

During Lent, we are called to love Jesus and one another by doing acts of prayer, fasting and serving. In the boxes above, draw or write the promises you want to make to Jesus this Lent. In this Sunday's gospel reading, Jesus is tempted by the devil to do things He knows are wrong. During Lent, you and I may be tempted to break our promises to Jesus. Remember, we can turn to Him in prayer when we are tempted or when we feel weak or lonely – he will always be there to help and love us!

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For More Fun and Learning:

Our Holy Father, **Pope John Paul II** has been very ill this week, but his love for God is so strong that he continues to work, even in sickness, to spread the Gospel. Let's look to our Pope as a role model during Lent when we feel unable to keep our promises! Please join my family in praying for Pope John Paul II and all who suffer from sickness. Do you know someone who is ill? That person would love a card, a visit or a special prayer from you.



- **Are you ready for Lent?** Visit <http://www.catholicmom.com/lent.htm> for Lenten resources.
- We have new word games for this Sunday's Gospel. You can find them by clicking on the links below.

Word Search

http://www.christiancoloring.com/word_search.htm

Crossword

<http://www.christiancoloring.com/crossword.htm>



Pray for me, and I'll pray for you! **This week I had notes from friends in the Navy; in Quebec, Canada; in Salida, California and in Sydney, Australia! Our friends are coloring all over the world!** It's so great to hear from you! Feel free to drop me a note at Lisa@catholicmom.com or at the address listed below. I'd love to see your pictures too!